

# Injury Protocol

## Huntsville Curling Club (HCC)

### Slips and Falls on the Curling Ice:

All members should be aware of the inherent risk involved with the game of curling. That being said, the Executive of the Huntsville Curling Club would like to make you aware of certain policies pertaining to someone who slips and/or falls on the curling ice surface.

- If there is **ANY CHANCE** that a person's head came into contact with the ice surface, **DO NOT** move this person. Keep them calm and in place until a **trained** individual can come and assess the person and the situation. This is done to prevent head, neck or back injury. The trained person and the events **responsible person or designate (i.e. convenor and/ or an on ice event organizer)** will determine **whether a call to EMS is warranted**.
- 1. In the event that the injured person loses consciousness at any time, even briefly, EMS will automatically be called for further assessment and professional emergency care.
- 2. If EMS is **not** accepted, the person's refusal will be noted on the Injury Report. They will also be required to sign the Injury Report to acknowledge their refusal for EMS assessment.
- 3. If EMS is **accepted**, the EMS personnel will further assess the situation. After the EMS assessment, the injured person has a choice to travel or may choose **not** to travel by ambulance to the hospital. If the choice is **not** the travel by ambulance they may be asked by EMS to sign a waiver.
- 4. If the injured person wishes to travel by other means than EMS to attend the emergency department, the HCC will be responsible to provide alternate transportation for this injured person. A volunteer driver or paid transportation (taxi) will be offered to the injured person.
- 5. The injured person can **accept or decline** a call for an ambulance.
- Any curler who falls on the ice surface should be checked by a trained member, regardless of whether or not they struck their head on the ice. Broken bones, cuts, and displacements are just some of the injuries that may result in coming into contact with the ice surface. Please let a trained member assess the situation.
- An AED or defibrillator is located on site. It is located in a case, mounted on the wall outside the Maintenance Room. Some members at the club have received training on procedure and protocol for using this unit. . Emergency blankets are located in the tote located immediately under the defibrillator If you have any questions, please feel free to approach any Executive member of the Board or the Club Coordinator. Please take care on the ice, and we ask that you honour our procedures.

Note: Trained individual refers to any member who is current or has had previous 1<sup>st</sup> Aid Training.

### Safety tips:

- Always step onto ice with your gripper foot first.
- Be aware of what's happening on your sheet of ice and the sheets closest to you.

**All curlers are strongly recommended to wear hard shelled helmets** with chin straps securely fasten. This recommendation is especially important for the higher risk groups such as individuals over the age of 65 and new curlers to consider helmets